



PATIENT'S RESPONSIBILITIES

Behavioral Health & Wellness Services

Care managers provide free behavioral health and wellness services. We are part of the clinic's team and are here to work with you.

Many people feel better after meeting with us. Your participation is essential!

- Call us if you are having problems.
- Share anything with us you feel will help. We will listen.
- Call 911 or go to the emergency room if you are thinking of hurting yourself or another person.

Make and keep your appointments. We want to serve as many people as possible.

- If you come without an appointment, we may not be able to see you.
- Arrive 15-20 minutes early. If you come late, your appointment will be shorter.
- Cancel 24 hours in advance if you cannot come to your appointment.
- If you miss three behavioral health appointments, new patients will have priority. You may have to wait to make another appointment.

Care manager contact information:

- Holy Cross, Aspen Hill: (301) 557-1992
- Holy Cross, Gaithersburg: (301) 557-1809
- Holy Cross, Germantown: (301) 557-1992
- Holy Cross, Silver Spring: (301) 557-1882
- Kaseman Clinic: (301) 917-6815
- Mercy Health Clinic: (240) 773-0362
- Muslim Community Center Clinic: (301) 384-2166 x1013
- Proyecto Salud Clinic: (301) 832-2480/ (301) 830-1164

Confidentiality: Behavioral health and wellness services are part of your medical record and are confidential. Behavioral health and medical staff share information as needed for your treatment. By law, we must report any suspected child/vulnerable adult abuse or serious threats of harm to self or others.